

HMO Plans by County	Atlantic	Bergen	Burlington	Camden	Cape May	Cumberland	Essex	Gloucester	Hudson	Hunterdon	Mercer	Middlesex	Monmouth	Morris	Ocean	Passaic	Salem	Somerset	Sussex	Union	Warren	
Aetna Better Health® of New Jersey	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Amerigroup New Jersey, Inc.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Horizon NJ Health	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
UnitedHealthcare Community Plan	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
WellCare Health Plans of New Jersey	✓	✓	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓



Aetna Better Health® of New Jersey
A statewide NJ FamilyCare plan

Available in ALL counties

Aetna Better Health® of New Jersey

1-855-232-3596 • TTY 711 (24/7)

www.aetnabetterhealth.com/nj

Get more with Aetna Better Health

Benefits, rewards, and plan perks you won't want to miss

- Access top, local providers - no referrals needed
- Comprehensive dental care and vision care,
- Wellness exams,
- Maternity care,* and
- Pharmacy services.*

*Co-pays may apply for some NJ FamilyCare members

Dental Home Program from children 0-20 years old

Your child gets a comprehensive dental package with us. A dental home is the office where your child will get his or her dental and oral health care. Your child's dental home delivers care in a complete and family centered way. There is no co-payment for routine/preventive dental visits and no referral is needed to see a dentist or dental specialist.

Access to a 24/7 nurse line for health advice

Call 1-855-232-3596 (TTY: 711) and press 4. Nurses are always ready to help.

Earn rewards for health and wellness

Our incentive program rewards members for completing eligible health screenings such as:

- Adolescent Well-Care (ages 12-21)
- Mammogram - Breast Cancer Screening (every year from age 40-74) and Cervical Cancer Screening (pap test) (starting at age 20)
- Lead Screening (ages 0-6)
- Postpartum Care (21-56 days after having your baby. C-section may require two visits)

Call Member Services to learn more about the program.

Must be an Aetna Better Health member for one year to be eligible for program.

When health is on your mind, keep us top of mind.



An Anthem Company

Available in ALL counties

Amerigroup New Jersey, Inc.

1-877-453-4080 • TTY 711

www.myamerigroup.com/nj

Since 1996, Amerigroup Community Care has proudly served NJ FamilyCare members in New Jersey. With our experience, we understand what you want from a health plan. Let us help you get the most from your NJ FamilyCare benefits!

The Benefits You Need

No Referrals Needed: See any of our in-network providers, not just limited to primary care, dentists and OB/GYNs.

Eye and Dental Benefits: Get routine preventive vision and dental care, including a \$100 credit toward contact lenses for qualifying members, selected frames and more.

24-Hour Nurse HelpLine: Get medical advice and information from a nurse 24 hours a day, 7 days a week.

Special Needs Care Management: All members with special needs have a Care Manager to assist with an individualized plan of care, scheduling of appointments, and arranging transportation to appointments when needed.

Prescription Drug Coverage: for the medicine you need to stay in good health.

The Extras You Want

Over-the-Counter Drugs: Money for OTC items every quarter — no prescription needed.

Extra Support to Moms: A program with healthy rewards to help support you through pregnancy, delivery, and your baby's first few months.

Free Online Resources: for members to help find food, jobs, housing and other things you may need in the community.

Healthy Rewards: Gift cards for completing recommended health screenings, such as: lead screenings for children and diabetes services, such as an annual eye exam and Hemoglobin A1c testing.

Community Events and Workshops: about asthma, diabetes, nutrition, stress relief, & more.

Keeping You and Your Family Healthy:

The only NJ FamilyCare plan from Horizon Blue Cross Blue Shield of New Jersey. We are your hometown health plan. Get the benefits your family is looking for with Horizon NJ Health.

- **One of the largest provider networks** in New Jersey—choose from more than **20,000 doctors**
- **No referrals** needed to visit your dentist, Ob/Gyn, schedule a mammogram or have routine eye care
- **Coverage for contact lenses and glasses** plus other vision benefits.
- **Prescription drug coverage** for those provided by your doctor, as well as some over-the-counter medicines
- **Nurse Helpline** to answer your medical questions and a **Members Services Helpline** to answer your questions about your plan, available to you **24 hours a day, seven days a week**

Additional health support programs centered on you and your family:

- **Managed Long Term Services & Supports (MLTSS) program** for people who need health and long-term care services like home and personal care to stay in their homes
- **Healthy Pregnancy Program** to support you all the way through to delivery and your baby's first 60 days. Get routine Ob/Gyn visits, care management services, nutritional advice and breast-feeding help
- **Care Managers available to Members with Special Needs** to help enhance the quality of our members' care

Nothing is more important to us than your family's good health. We are here for you when you need us the most.



We Make Healthcare Simpler: At UnitedHealthcare Community Plan, we help people live healthier lives. We have worked hard to deliver on that mission in New Jersey since 1989. UnitedHealthcare Community Plan's network of community-based doctors and dentists, hospitals and neighborhood pharmacies provides quality care, with dignity and respect, to the people of New Jersey.

No Referral Necessary for:

- Routine well-women care and prenatal care from participating OB/GYNs
- Participating dentists (in most cases)
- Routine eye exams from participating providers
- Mental health or substance use professionals

The Benefits You Need Plus the Extras You Want:

- Primary Care Doctor for each member
- Dental cleanings, check-ups and dental work
- Eye exams and glasses or contact lenses
- Member Services Helpline staff available 24 hrs. a day, 7 days a week
- Appropriate preventive care for each age group, such as, vaccines,

well visits, diabetic, asthma and cardiac care

Special Needs Members: UnitedHealthcare Community Plan offers a comprehensive list of Care Management programs for members with special needs. A specially-designed team of Health Educators and Care Managers concentrate on early identification, prevention, education, advocacy, community and social services for members with the following conditions: asthma, diabetes, congestive heart failure (CHF), high risk pregnancy and lead toxicity.

Extra support during pregnancy: Healthy First Steps is a special program for pregnant members and new moms and their babies. Our Healthy First Steps staff of nurses, social workers and health educators works with you and your doctor to make your pregnancy healthier and easier.

Community Involvement: UnitedHealthcare Community Plan provides targeted education on important health concerns. Every day, our team of certified health educators works in communities throughout New Jersey to meet with groups and provide valuable information to help improve the health of people in all the different populations we serve.



Putting you first: At WellCare, we put you and your family first. This means you get the care and services you need to stay healthy and live happy.

24-Hour Nurse Advice Line: All members can call to receive medical advice from registered nurses 24 hours a day, 7 days a week, every day of the year.

Health and Wellness Website: This resource gives tips to help you and your loved ones stay healthy.

Prenatal Rewards Program: This program helps our moms-to-be focus on staying healthy and going to all their doctor visits during their pregnancy. Members who complete the program can earn a free gift.

Physician (Provider) Services:

- **PCP:** A provider is assigned to each member to provide their care or arrange for them to see a specialist.
- **Prescriptions:** Coverage for medicine provided by your providers.

Member Assistance:

- Personal help arranging doctor appointments, social services, and more.
- All materials are available in English, Spanish, and other languages upon request.
- Translation services available to members who are hearing-impaired, or who speak a language other than English.

Community Resources: Our dedicated CommUnity Assistance Line connects you with local, community-based services such as food, transportation, child care and more.

Care Management: We offer targeted care management programs to children and adults. Some programs include:

- **Asthma • Diabetes • HIV/AIDS • High Risk Pregnancy**

Care managers are trained to help members, their family and their PCP's arrange services (including referrals to special care facilities for highly-specialized care) that may be needed to manage illnesses. Choosing a health care plan is a big decision and we want you to have the facts you need to make the choice that's right for you.